



Safety First

Name: _____

Read each clue. Then choose the correct word from the list of words and write it in the space below the clue.

Word List

night buddy help stormy sunscreen deep rest lifeguard

1. This is a person you should swim with.

2. This is the right type of water to dive into.

3. If you are in real trouble, yell this word.

4. This is the kind of weather you don't want to swim in.

5. This is a very dangerous time to swim.

6. Remember to do this before swimming, especially if you are tired from hard work or play.

7. This is something you apply before you go outdoors.

8. This is someone who supervises you while you swim and who is trained to help in an emergency.
